



I lift up my eyes to the hills;

from where is my help to come?

My help comes from the Lord,

the maker of heaven and earth. **Response**

He will not let your foot be moved

and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel

shall neither slumber nor sleep. **Response**

The Lord himself watches over you;

the Lord is your shade at your right hand.

So that the sun shall not strike you by day,

nor the moon by night. **Response**

The Lord shall preserve you from all evil;

it is he who shall keep you safe.

The Lord shall watch over your going out and your coming in,

for this time forth for evermore. **Response**